

Clinical Supervision Curriculum

I. Knowledge

- A. Theoretical orientation/conceptualization
- B. Evidence Based Practices/Research
- C. Continuing to gain knowledge: professional organizations, conferences/CEUs, colleague support

II. Performance

- A. Assessment and Treatment planning
- B. Counseling skills
- C. Implementing interventions
- D. Structuring sessions
- E. Assessing/Tracking progress
- F. Crisis management and intervention
- G. Efficient Documentation
- H. Terminating care/Discharge plan and summary
- I. Case consultation and presentation

III. Professional ethics

- A. Reviewing professional ethical guidelines/privacy practices. How to incorporate these into your clinical judgment and documentation.
- B. Cultural Diversity and awareness

IV. Personal development

- A. Self-awareness of personality and communication style.
- B. Addressing challenges/barriers your morals may present
- C. Professionalism: dress, demeanor, language, timeliness, dependability
- D. Healthy boundaries w/ client and families: Avoiding countertransference and dual roles.
- E. Self-care