



CHERRELL THOMAS

VISION

"Every time I meet a new client, I am increasingly aware of how much more we are alike as human beings than we are different - we all want the basic pillars in life: happiness, a sense of belonging, and fulfillment. I am lucky enough to say that my job provides me with all three!"

HELPFUL THERAPY CENTER, LLC

Counseling, Clinical Supervision, &
Community Outreach

2795 Main St W, Bldg #21-B
Snellville, GA 30078
770-954-8593 (phone/fax/text)
www.helpfulttherapy.net

cthomas@helpfulttherapy.net



CREDENTIALS

Licensed Professional Counselor (LPC)

Certified Professional Counselor Supervisor (CPCS)

National Certified Counselor (NCC)

Employee Assistance Specialist - Clinical (EAS-C)

EXPERIENCE

Cherrell is a Licensed Professional Counselor with a private practice in Snellville, GA. She earned her BA in Psychology from Georgia State University, obtaining her Master's degree in Community Counseling thereafter. Her years in the profession began at Dekalb Community Service Board providing services in various levels of care, eventually managing the Therapeutic Foster Care Program for the county. Years in the hospital setting, extended her knowledge in emergency mental health and inpatient care. Throughout the years she has attained experiences across various areas of the counseling field, including intensive family intervention, autism services, and insurance utilization reviews. Additionally, she has been working within employee assistance programs (EAPs) for over 10 years, including 5 years with Federal Occupational Health as a counseling consultant, servicing over 40 Atlanta area federal agencies – ultimately being selected as a dedicated clinician for the Atlanta division of the Drug Enforcement Agency (DEA), where she currently provides counseling, employee training, and management consultations.

As an extended commitment to the counseling field, Cherrell is also a Certified Professional Counselor Supervisor (CPCS), providing guidance and oversight to new graduates.

In 2013, she established Helpful Therapy Center, LLC a leading private practice and internship site providing individual and group counseling, clinical supervision, and community outreach.

She has presented multiple workshops and speaking engagements for various private sector companies and community organizations.

Whether working with adults or children, she is always reminded of (and inspired by) the human nature of resiliency.

PERSONAL

In her personal time, Cherrell enjoys hiking, true crime dramas, binge watching documentaries, community service through her sorority, spending time with family, and most importantly being a mom!